



SHAY MITCHELL

Photographed by DOMINIC PETRUZZI
Styled by BRUNO LIMA
Hair Styled by JOSEPH CHASE
Dress by MONSOORI
Earrings and Cuff by DAVID YURMAN

WELCOME ISSUE

Welcome to the March edition of Modeliste, which celebrates women and travel across the world. As always, the qualities that define the women we bring to you – creativity, strength, warmth, intelligence, thoughtfulness, sophistication, passion, dedication – are also at the heart of Modeliste.

Over the years, Modeliste cover stars include newcomers as well as more established names, but each has a capacity for hard work, even if their accomplishments appear effortless. Modeliste cover stars also include actresses who are embarking on new roles and challenges, those who have achieved global success this year, and women whose careers continue to go from strength to strength.

All of these women are uniquely talented, yet they also share something in common with the rest of us: the entwined experiences of love and loss, joy and despair, triumph and failure. And it is these vivid episodes in the stories of their lives – and ours – that bring us closer together.

In this issue of Modeliste we bring you our Cover star actress, Shay Mitchell. Most known for her role on Pretty Little Liars, Shay has set off on a new path of adventure, intrigue and wonder as she pursues her love of travel and passion for working with global causes. Her video series, Shaycations, not only showcases her down-to-earth openness to newness but her embrace of all cultures all intertwined with her effortless hilarity which makes it all the more binge-worthy. We journeyed to India for Shay's second cover with Modeliste and were captivated equally by both the beauty and the hustle and bustle of the province of Rajasthan. From the majestic blue city of Jodhpur to the Osian desert, to historic castles and the infamous Marwari horses, each day was a true adventure to be had and moment in time to reflect upon. We give many thanks to our hosts and guides Allison Rulon-Miller and Mr. Mahapaji Banerjee of From Lost to Found Travel and to the gracious staff of Turkish Airlines who never cease to impress us with their impeccable award

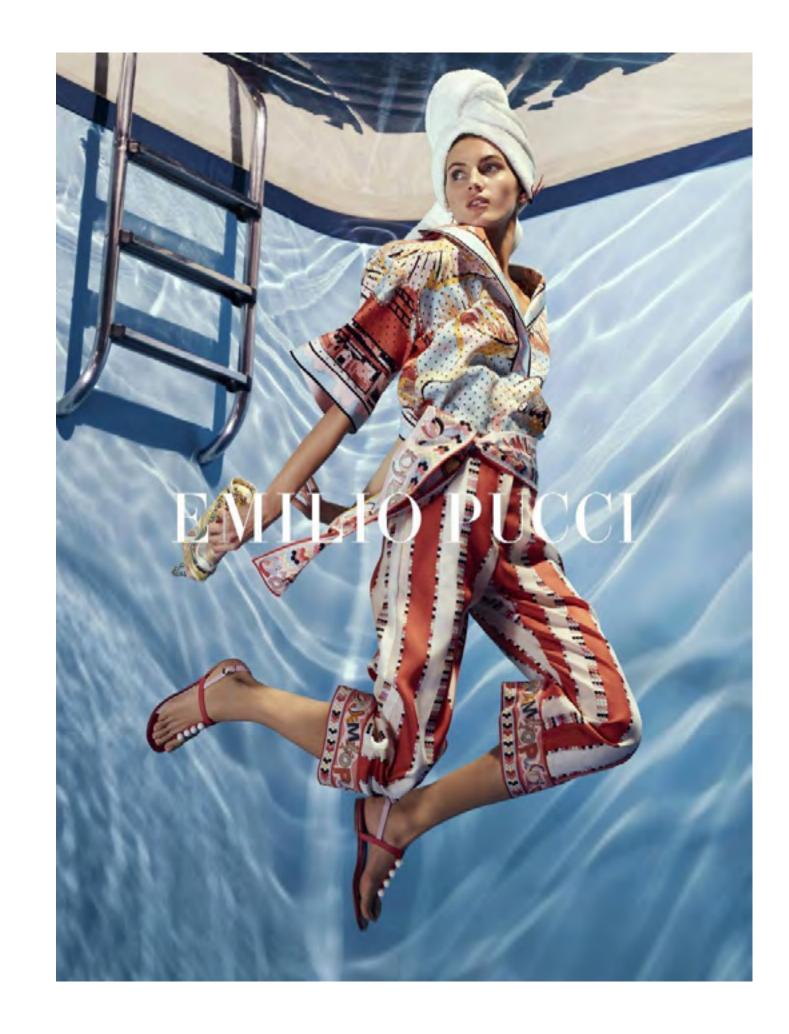
winning service which makes their motto of to Widen Your World all the more enjoyable

Welcome to the issue.

Amy MaCab

Amy McCabe Editor-in-Chief







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GIVENCHY Shark Lock Sandals in Suede \$1095 givenchy.com

On the Cover Shay Mitchell Photographed by Dominic Petruzzi Styled by Bruno Lima Hair by Joseph Chase for Exclusive Artists R+Co and InStyler Shay is wearing Jumpsuit by Michael Kors Earrings by Topshop Necklace and Bracelet by Stella & Dot



MAR

CHANEL Lipstick chanel.com



AINT LAURENT



MODEL DIARIES

This has definitely been the year of Shay. What have been some of your favorite moments of the past year so far?

Definitely the wrap of PLL. And still being able to see the girls and all that. So yeah, that was definitely one of them. New chapter. Shooting "Cadaver," which is a scary movie that I shot right after PLL, was super exciting. And show "You," that's going to be airing on Lifetime really soon.

Tell us about the show "You."

It's based on a book called "You," and is about a guy who falls in love with a girl, but is borderline stalkerish. It's 21st century love story incorporating social media. The character that I play is Peach and she is kind of like the queen bee girl you don't really want to mess with who's very blunt, but is very close to the character Beck. So this is going to be a new chapter, I'm super excited for people to watch this.

We have been loving your YouTube channel lately, including your Shaycation segments where you travel around the world. Tell us about this and what makes it so unique.

Shavcation started from my love of travel and wanting to share these experiences with my fans in more than just an Instagram photo. We started traveling all over the world and shooting it, which is how Shavcation came about. It's just something that I love. It's my passion project and my favorite thing that I do. I love hearing the fan responses, if they have visited a place or if they want to visit it after seeing the video, so that's always really cool. But I just want to share my experiences with people. I'm super excited about Shavcation India that they're going to be seeing, if they haven't seen it already, and just the trips I have to come.

Tell us about your time here with Modeliste in India.

This is my second shoot with Modeliste Magazine, and we always have such a blast. It really doesn't feel like we're ever working, even though everybody puts so much work into the costume and the hair. I did the makeup. But just shooting it and putting this whole thing together, it does take work. But it just doesn't feel like it, we have such a great time. From our breakfast to the shoot to dinner at night, it's just so amazing, and I wish I could do every issue. The first time we did Africa which was really amazing, and now are in India.

This is the second time I've been here and it's one of my favorite places. I truly look forward to showcasing India and the people and the culture in this spread, so I hope that you guys enjoy it.

What are some of your go-to fashion items that you can't live without?

Especially when traveling, I can't live without wraps. I had a cashmere wrap that I brought with me and it doesn't matter if you're going to a hot destination or wherever you're going, a wrap is always a good idea. Especially on the plane, late nights when it gets a little chilly, or early mornings when it's not as hot as it is during the day. Wraps are my go-to. I don't think I could have enough wraps.

OXA with SHAY MITCHELI

Since you're always on the go, how do you stay in shape while you're traveling?

Eating a lot of naan bread for morning breakfast, for breakfast, lunch and dinner! No, I bring a little bag with me and I have sliders that I'll use, or I'll have a skipping rope. Or if I see something that's a little heavy I'll use that as a weight. It is important to get your fitness in, especially when you come to a place like India and they have such incredible food. It's hard not to just gorge and gorge and gorge and not workout. But I try my hardest. And there's stairs everywhere, run up and down stairs a million times.

What kind of music do you like to listen to while you work out?

Honestly it's everything. I think I just kind of go on Spotify and I just listen to whatever is a new playlist. Something that has a lot of energy. And actually I have been listening to a lot more Bollywood music since I've been here, it's gotten me in the zone. I like to listen to the kind of music of where I am.

What has been your favorite part of the photo shoot in India so far?

Favorite part of the photo shoot was definitely I guess just getting to reunite with the Modeliste family. We had

Bruno Lima and Joseph Chase and of course Amy McCabe, that were all part of this shoot and it's just so nice to be able to work together again on something we all love doing... traveling and getting to shoot and share an experience. That's been something that's really great. And also this time getting to shoot for my Shaycation for my YouTube channel. That was also an incredible part to this as well, because now we're really bringing those photos to life in terms of video. So I'm super excited for people to see that component to it along with the print spread.

What did you like most about flying on Turkish Airlines?

The Turkish Airlines' people are so amazing. From when you get on-board you're greeted with a smile. When you leave, you're greeted with a smile.

The food was so good. I mean, who knew you could eat so much and get full off of food on an airplane?! But, I'm telling you this was some of the best food that I've ever had. Probably the most memorable thing was that I got off the plane and I was full. Doesn't really happen that often.

You are Modeliste's first ever celebrity to make a double appearance on the cover. Congratulations!

Thank you!

What is your favorite part about Modeliste Magazine?

Just the team of people. Their spreads are always so great and creative, and because it's not just a fashion magazine, it's also a travel magazine, so it incorporates the two things that I love. And, we get to go to amazing places like this. It's not just like we're going to a place near California, we literally have gone to two amazing destinations, Africa and India. And where to next? I don't know, but I will break that record again and be the third person to do a cover, so watch out!

Yes! So, any ideas on where Modeliste is going to take you next?

We are going to go to either Vietnam or Peru. Putting it out there. Manifesting it, come on. You guys want to see it, don't you? You want to see it!



COVER LOOK

OUR MARCH COVER STAR SHAY

knows how to turn up the heat and with that flawless radiant skin and eyes filled with a piercing intrigue, it's hard to look away. On this month's cover, Shay exudes a kind of whimsical romanticism as she set off to explore the wonders of India. It's hard to imagine that Shay did her own makeup for our Cover shoot, however she is widely known for her ability to create her own looks. From dramatic to natural, Shay understands what works for her, and works it consistently—and to great effect. To complete this ultra glam look here are a few key products you will love:









texture



Enhance the elegance of your natural bone structure with this subtle illuminator and contouring liquid. When applied to the high planes of the face, Aqua Foundation Illuminator catches the light, giving skin a candlelit

\$42 kohgendocosmetics.com



Leonor Greyl Lait LUMINESCENCE

This leave-in detangling and protective styling product is filled with plant extracts and vegetal oils to smooth the hair and enhance shine and luminosity.

Leonor Greyl

ECLAT NATUREL

manageable when styling.

\$46.00 leonorgreyl-usa.com

This award-winning styling cream

instantly nourishes and softens hair

and softens curls, making hair more

\$48 leonorgreyl-usa.com



25 large wipes/\$9.90 bioderma.com and Beautylish.com

the fragility of sensitive

dermatological wipes which respects

Koh Gen Do MAIFANSHI AQUA FOUNDATION

Designed to give skin the same youthful glow you experience right after a facial, Aqua Foundation's long-wearing liquid formula instantly illuminates dull skin. Formulated with light-diffusing minerals to brighten and minimize pores.

\$66 kohgendocosmetics.com



Leonor Greyl

DUAL SABBIL

Koh Gen Do MAIFANSHI MOISTURE **FOUNDATION**

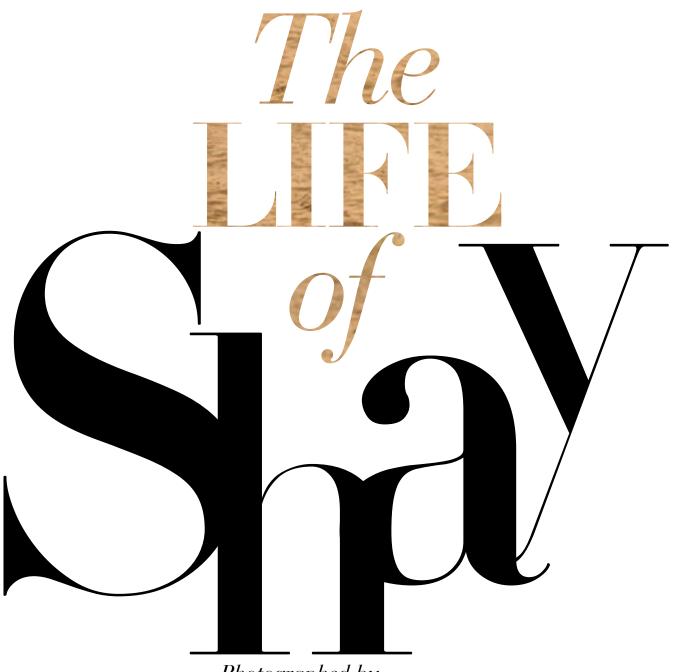
An insider favorite for skin-pampering ingredients that enhance the beauty and luster of your natural skin tone. The feather-light foundation boasts the coverage of a cream with the flexible and comfortable moisture of a liquid. \$66 kohgendocosmetics.com





Leonor Grevl LAQUE SOUPLE

This light styling spray is formulated to deliver softness and hold. Laque Souple leaves hair soft to the touch and washes out easily. \$36.00 leonorgreyl-usa.com



Photographed by
DOMINIC PETRUZZI

Styled by
BRUNO LIMA



















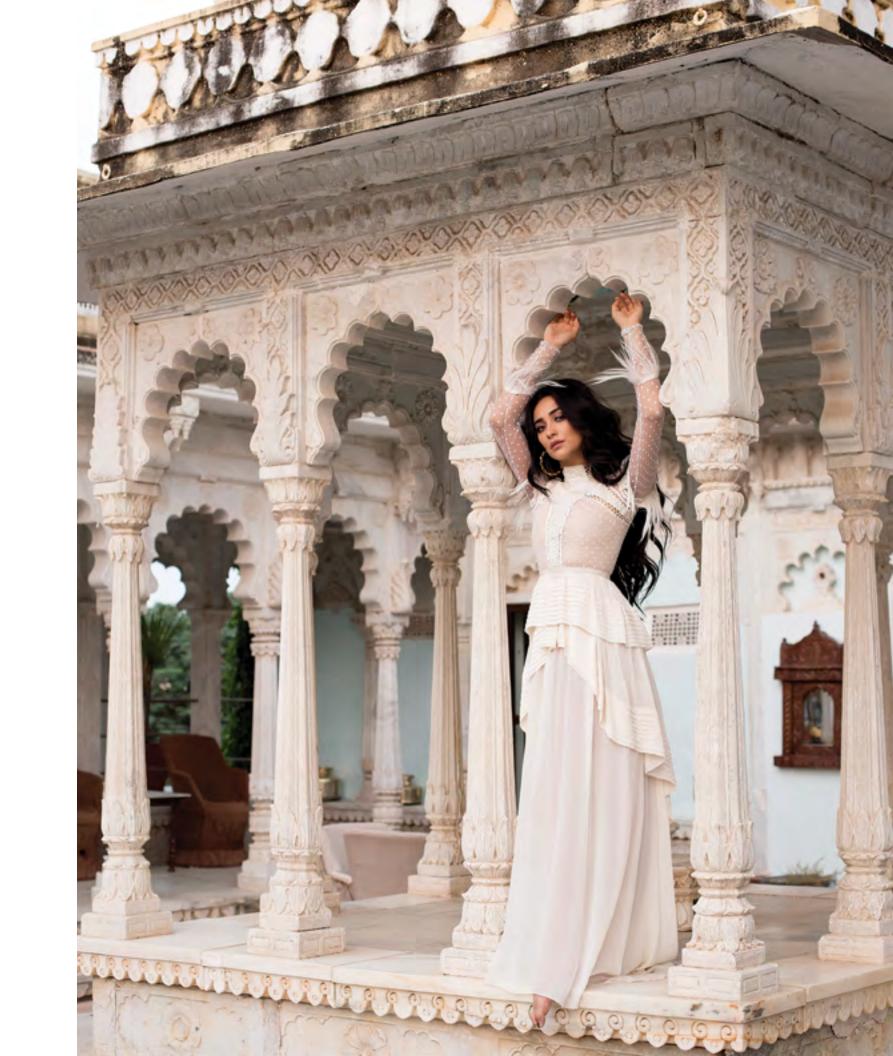


















Hair Styled by JOSEPH CHASE FOR EXCLUSIVE ARTISTS, R+CO AND INSTYLER Tourism provided by From Lost to Found Travel courtesy of ALLISON RULON-MILLER AND MR. MAHAPAJI BANERJEE

Videography by JON BRANDON CRUZ Shaycation Behind-The-Scenes Photography by FLÄNNERY UNDERWOOD

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TURKISH AIRLINES From Lost to Found Travel

Special Thanks to the following gracious hosts: TAJ HARI MAHAL JHALAMAND GARH GHANERAO CASTLE AND JUNGLE LODGE MIHIR GARH ROHET WILDERNESS CAMP REGGIE'S CAMEL TENT, OSIAN TAJ DIPLOMATIC ENCLAVE







e area around Jodhpur, Rajasthan is a favorite of mine and of my clients, full of monumental architecture, traditional crafts, natural beauty and award-winning hotels. My original plan was to act as tour guide to Shay in the downtime between her photo sessions. However, the sheer number of looks that Modeliste wanted to capture, along with the logistical challenges of shooting in ancient towns and remote landscapes, did not leave much time for exploration.

Imagine a caravan of tuk-tuks...one crammed with evening gowns and hair spray, another with bags of samosas and chai for sustenance, several more with the stylists and photographers, one with my Hindi-speaking guides, one with Shay and Matte...weaving its way at the speed of light through the old bazaar of Jodhpur in order to catch the light perfectly at a specific blue-tinted house or crumbling wall...I decided that everyone would be better off with a mid-day nap. In the end, the photo shoot was tremendous fun, and a welcome change of pace from my usual touring routine. Nonetheless, for aspiring travelers, here are some highlights of the region:

JODHPUR

is the second largest city in Rajasthan. It is situated on the eastern edge of the Thar Desert, an arid expanse of over 77,000 square miles that forms a natural boundary between India and Pakistan. The visual centerpiece of Jodhpur is unquestionably Mehrangarh Fort, which rises out of the earth like an ancient ziggurat. The Marwar ruler Rao Jodha began construction on this sandstone fort in 1459, with subsequent additions made by later rulers up until the mid-19th century. My favorite spot within the fort is Chokhelao Bagh, an 18th-century Marwar garden lushly planted with fruiting trees and fragrant shrubs. I am also fascinated by a collection of miniature paintings made between the 17th and 19th centuries for the Jodhpur royal family, sometimes referred to as the Garden and Cosmos paintings. These images of courtly life, pleasure gardens, seasonal festivals, polo matches, Hindu deities, and the spiritual world can hold my attention for hours.

www.mehrangarh.org





WATER IS KING

For over five hundred years, manmade and natural reservoirs have been utilized in the desert around Jodhpur for the collection of rainwater. The city still contains a sophisticated network of water channels and reservoirs which was once used to provide water to residents. Stepwells, also known as baoris, baolis or vavs, are water reservoirs that resemble inverted pyramids; a series of stone staircases lead to multiple subterranean levels. As water levels decline, indicating hotter, drier weather on the surface, residents could descend into the cool depths to collect water and enjoy each other's company.

Due to their popularity as a meeting point, stepwells frequently served as taxation points along the desert caravan routes. Toorji Ka Jhalra, an 18th century stepwell adjacent to the Raas hotel in Jodhpur, was recently cleaned and restored. Shay bravely made her way down into its mouth, in heels no less, so that Modeliste could capture the perfect pose. Not to be outdone, she was joined by several Indian brides-to-be who wanted the stepwell as a backdrop for their shaadi, aka wedding, photos!

OSIAN

one hour from Jodhpur, is home to a number of Hindu and Jain temples built by wealthy traders between the 8th and 12th centuries when the town was an important stop on the caravan route to Central Asia. While Shay unfortunately missed the temples, she did enjoy a camel ride in Osian's sand dunes. All was going well until the last shot of the day...striding through the dunes in a billowing yellow gown, Shay's furry escort got a little jealous and kicked her in the back. The only cure would be cocktails, dinner and traditional Marwari music under the stars at Reggie's Camel Camp, a luxury tented camp in the desert.



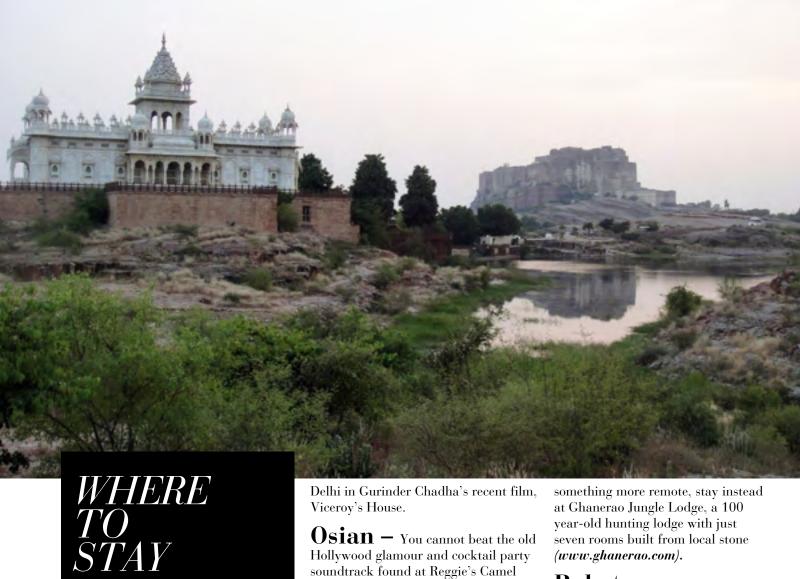
GHANERAO CASTLE

two and a half hours from Jodhpur, is the 17th century ancestral home of the Mertiya Rathores. This atmospheric fort-palace complex features traditional Rajput architecture, and is filled with historic artifacts belonging to the ruling family. The castle was a fashion photographer's dream, and the editorial team had a hard time narrowing down locations for the shoot. My personal favorite, which thankfully made the cut, was a carved marble baradari, which is a gazebolike structure found in Mughal and Rajput palaces and gardens. Strolling through Ghanerao town one morning enabled the team to see mothers cooking breakfast and getting their children ready for school and locals performing morning temple rituals.

Visitors to Rohet, one hour from Jodhpur, should venture out in a jeep through the scrub desert to view local wildlife such as blackbuck antelope and herds of peacocks. We were grateful that Modeliste was able to photograph Shay in a traditional Bishnoi household (in a relatively modest gown and with the approval of the house elder). The Bishnoi are fervent environmentalists who strive to protect every living creature. While Bishnoi men dress only in white, the women wear bright colors and spectacular jewelry, including heavy nose rings that tie around the forehead and ears to lessen the load on the nose. Some of the group also visited a Brahmin village and participated in a recreation of a traditional opium ceremony. Shay was later photographed with the region's famed Marwari horses, a rare breed known for its inward-turning ear tips and ambling gait. Marwari horses are descended from native Indian ponies that have been crossed with Arabian horses, and equestrians worldwide come to Rohet to ride them.







Jodhpur - Our group had a very comfortable stay at Vivanta by Taj - Hari Mahal, making full use of the pool and fitness room and basking in the caliber of service for which the Taj Group is known (www.tajhotels.com). Architecture and design enthusiasts will fall head-over-heels for Raas Jodhpur, a boutique hotel in the middle of the old bazaar with fabulous views of Mehrangarh Fort (www.raasjodhpur. *com*). If price is no object, splurge on a night or two at Taj Umaid Bhawan Palace. Built in the 1930's by Maharaja Umaid Singh, this is one of the largest palaces in the world, and was used as a stand-in for the Presidential Palace in

Delhi in Gurinder Chadha's recent film, Viceroy's House.

Osian - You cannot beat the old Hollywood glamour and cocktail party soundtrack found at Reggie's Camel Camp. Reggie Singh, who hails from Jodhpur's royal family, is usually the DJ and cocktail hour lasts well into the night. Reggie's camp is well known in Rajasthan, and plays host to an annual camel race and the Mahindra Open Sky music festival. If your travels have you heading south from Jodhpur, definitely stay at his all-suite property in leopard country near Ranakpur, The Mountbatten Lodge

(www.indiasafariclub.com).

Ghanerao - Each room at Ghanerao Royal Castle is unique in layout and decor, featuring traditional furnishings and a selection of treasures belonging to the royal family. The guest rooms are spread throughout the castle, which is full of hidden staircases, tiny courtyards, marble verandas, and a small family temple. If you want

something more remote, stay instead at Ghanerao Jungle Lodge, a 100 year-old hunting lodge with just seven rooms built from local stone (www.ghanerao.com).

Rohet - Three fabulous properties, all at different price points, exist in this small village. Take your pick from the luxurious Mihir Garh, the understated Rohet Wilderness Camp, or the traditional Rohet Garh. The royal family of Rohet still lives in Rohet Garh, which has played host to notable writers such as William Dalrymple and Simon Winchester, as well as the cast of Wes Anderson's The Darjeeling Limited which was filmed nearby (www.houseofrohet.com).



WHERE TO EAT

Jodhpur - With its spectacular view of Mehrangarh Fort, my clients always enjoy the rooftop restaurant at Pal Haveli (www. palhaveli.com). On the Rocks in the Ajit Bhawan hotel features a quiet garden and superb sweet and salty lassis (www.ontherocksjodhpur.com). Raas Jodhpur has two restaurants. Darikhana and Baradari, the latter being one of the few places I dare to eat raw salads in India. Adjacent to Raas, try the Stepwell House Café, if only for the amazing view down into Toorji Ka Jhalra. For samosas that Shay couldn't stop talking about, visit Shahi Samosa in Sardar Bazaar.

Aspiring chefs can join a vegetarian cooking demonstration at Spice Paradise. Owners Rekha and Anil are knowledgeable and charming, and their custom spice mixes always find their way into my suitcase (www.spiceparadise.in). For a special occasion, spring for dinner by candlelight in Chokhelao Bagh in Mehrangarh Fort. Local Rajasthani delicacies that I particularly enjoy include a desert bean dish called ker sangri, chickpea flour dumplings in a yoghurt gravy called gatta curry, and a hearty winter bread made from millet called bajra roti.

Rohet — The House of Rohet is known for its delectable Rajasthani cuisine. Rohet Garh has even published several cookbooks, including Cuisine of Rohet Garh and Quick and Easy Rajasthani Cuisine, and has its own demonstration kitchen for culinary workshops.



WHERE TO SHOP

Jodhpur - A collection of fashionable boutiques, including Good Earth, Forest Essentials, Royal Blue, Rajesh Pratap Singh, Play Clan. Portside Café, Andraab, Nicobar and Via Jodhpur, recently opened next to Toorji Ka Jhalra in the old bazaar. Raas Jodhpur contains outposts of Jaipur's Hot Pink and Gem Palace. Adjacent to Ajit Bhawan, one can find Anokhi, Amrapali, Fab India, U Boutique, Gems & Jewels Palace and a shop that sells ready-made jodhpurs, a type of horse riding pant developed in Rajasthan. The Mehrangarh Museum Shop sells hard-to-find books, home decor, beaded handbags, jewelry, and ouds and perfumes, including Vaara by Penhaligon's London, a scent inspired by the Maharaja's granddaughter. The shop also offers a vast selection of miniature paintings made by Jodhpurschool masters and their apprentices. To peruse glass bangles in a rainbow of colors, head to Bibaji Churi Wale, while for embroidered leather shoes, visit Mochi Bazaar. Stock up on tea and spices in Sardar Bazaar, hunt for silver jewelry in Sarafa Bazaar, and admire bandhani and lehariya tie-dyed textiles in Kapra Bazaar.

Salwas — This small town 45 minutes from Jodhpur is a center for the production of dhurrie carpets. Dhurries are thick, flat-woven carpets typically made from cotton, jute, and sheep or camel wool. Many weavers still use organic dyes and feature traditional patterns, while others create modern, stylized designs using today's bright chemical dyes. My U.S. office is decorated with several carpets from Roopraj Prajapati's dhurrie cooperative, which is located in his family compound in Salwas (www.rooprajdurry.com).

Rohet — Mihir Garh and Rohet Garh both feature boutiques selling a range of local textiles and handicrafts. The village of Rohet also contains a number of small shops selling embroidered textiles and leather goods.

Allison Rulon-Miller is the founder of From Lost to Found Travel, which designs custom and theme-based travel experiences in India. Some of the specialty themes she has developed for clients include Body Art and Adornment, Horticulture and Gardens, the Durga Puja Festival of West Bengal, Ancient and Modern Architecture, and Crafts and Textiles of Gujarat/South India/West Bengal. www.fromlosttofoundtravel.com

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